

2024 WKSA CEP Schedule of Events

*Please arrive at WKSA HQ on Friday at 9:00am, & throughout the weekend you will be directed to one of the locations below:

WKSA HQ
37937 FM 1774 Road
Magnolia, TX 77355

Tomball Dojang
20230 Cypress Rosehill Road
Tomball, TX 77377

Friday, March 1st:

Time	Masters	1 st Dahn to 4 th Dahn
9:00am-9:30am ~9:45am	Check-in Official Opening Ceremony	
10:00am-12:00pm	Lectures: Kuk Sool Won University Introduction (KSW-U 100), HIS 101 (KSW History), & KTP 101 (Theory and Principles of KSW)	
12:00-1:00pm	Lecture: Ki Theory 101 • Yuhn Seup Kwa Jung	Hyung 101 & Archery 211
1:00pm	Kuk Sa Nim's Talk	
1:30-2:30pm	Lunch: Provided by WKSA Lecture: Risk Assessments 111	
2:30-6:00pm	6 th Dan & above: Sword Sparring 5 th Dan: Outdoor Skills Training Lecture: KJS 113 (Jok Sool & Teuk Soo Jok Sool followed by practice)	(rotating btw 4 topics) MKS 111 & 115 (Sword) MKS 121 & 125 (Archery) MKS 131 & 135 (Knife throwing) PEC 101 (Basic Training)

Saturday, March 2nd:

Time	Masters	1 st Dahn to 4 th Dahn
9:00am-12:00pm	KST 110: Advanced Soo Training	KST 105: Intermediate Soo Training
12:00-1:00pm	Lunch: Provided by WKSA	
1:00-3:00pm	MKS 141, 145 & 210 (Chang Hyung, Chang Dae Ryun, and Chang Throwing Basics)	Lecture: KJS 113 (Jok Sool & Teuk Soo Jok Sool followed by practice)
3:00-3:45pm	Break & Outdoor Skills Training	
3:45-5:15pm	Tournament Rules & Training 101	
5:15-6:00pm	KSB 101 (KSW software, etc)	
	Group Photo	
~6:30pm	Dinner: Provided by WKSA (including KSB 201: presentation on running a successful Dojang)	

Sunday March 3rd:

Time	All Black Belt Ranks
9:00-9:30am	Voluntary Meditation
9:30-10:45am	Lecture: ANA 101 <ul style="list-style-type: none">• Basic Anatomy Overview• Anatomy of joints and how Kuk Sool joint locks affect them
10:45am-12:00pm	Lecture: ACU 101 (An overview of Acupressure/Acupuncture) <ul style="list-style-type: none">• Pressure point theory• How to manipulate pressure points to heal and hurt• Self-care using pressure points• How pressure points are affected by Ki Breathing
12:00-1:00pm	Closing Ceremony and Student Evaluations

Please NOTE:

**We reserve the right to change or modify all (or any part) of this event as necessary, to maintain continuity and good order. We also reserve the exclusive right to accept, deny, or rescind attendance of this private event.*

*** The KSW University courses are not yet official or recognized college credits; however, we are establishing our training courses to align with and prepare for the future development of KSW University.*

Things to bring:

1. General's Uniform (MUST -- for a group photo)
2. Bring **WKSA Textbooks (1-3, if possible; if not, at least TB 3)**, notepad, and pens
3. Two (2) sets of WKSA official uniform
4. Comfortable walking shoes, sun blocker, Kuk Sool cap, etc. for outdoors
5. All Kuk Sool weapons (please bring your own if all possible; anyone traveling by air, HQ will provided)

No video recording or audio recording during lectures/training. Outdoor activities may be videotaped. Everyone will be asked to leave any and all electronic devise(s) in your bag.